

THE GOOD FOOD BOX PROGRAM



The Good Food Box is Delivering to Parksville!

The Good Food Box is a 'box' of fresh fruits and vegetables available at a low cost to everyone in the community!

Pay what you can depending on what works for your budget!

\$5

subsidized

\$10

covers food
cost

\$15

covers food and
admin costs

Every box contains at least \$20 worth of produce

PICKUP: Thursday, 2:30 - 4:00 PM
at Oceanside Community Church (1420 Alberni Hwy)

All Boxes must be Pre-ordered at least 9 days in advance:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Order by midnight on Tuesday				
				Pick Up on following Thursday		

SIGN UP TODAY

ONLINE

NanaimoGoodFoodBox.com

PHONE

250-713-7311

EMAIL

gfb@nanaimofoodshare.ca

IN PERSON

271 Pine St. Nanaimo
Monday to Friday
from 10-2

